

*Selenium*

Srinivas Mokadam

Debility-weakness of sexual organs is a characteristic feature of this remedy, there is a desire, lewd thoughts but the patient is physically impotent, it increases desire, decreases ability, loss of sexual powers with lascivious fancies, erections slow, insufficient too. Rapid emission with long continued thrill he is weak, ill humoured after coitus, there is involuntary dribbling of semen and prostatic fluid which oozes while sitting at stool, during sleep generally worse due to alcohol. Irritability after coitus. Sexual Neurasthenia. On attempting coition, penis relaxes. Hydrocele.

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*Acid Phos*

Emissions at night and at stool. Seminal vesiculitis Sexual power deficient; testicles tender and swollen. Parts relax during embrace. Prostatorrhoea, even when passing a soft stool. Eczema of scrotum. Edema of prepuce and swollen glans-penis. Herpes preputialis. Syccotic excrescences Infertility due to excessive loss of seminal fluid.

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Dr. Parul Singh Sengar

*Nuphar Luteum*

N. Ramesh

**Nuphar Luteum**, Produces nervous weakness, with marked symptoms in the sexual sphere. Entire absence of erections and sexual desire; voluptuous ideas which fill imagination and don't cause erection. Parts relaxed; penis retracted. Impotency, with involuntary emissions during sleep, at stool, and when urinating. Spermatorrhoea. Pain in testicles and penis.

**Yohimbinum**, Excites sexual organs and acts on central nervous system. Acts as aphrodisiac, increases libido, Strong and lasting erections. Neurasthenic impotence.

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*Damiana*

Acts as an aphrodisiac, its main action is as CNS depressant, it increases libido i.e. arousing or increasing sexual desire. Spermatorrhoea in weak people. Impotency after spinal injuries. According to William Boericke "Said to be of use in sexual neurasthenia; impotency. Sexual debility from nervous prostration. Incontinence of old people. Chronic prostatic discharge".

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